

# Arctic Gardens<sup>®</sup><sub>MD</sub>

## FROZEN VEGETABLES

PRODUCT CATALOG

arcticgardensfoodservice.com

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healthy and delicious

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CULINARY SOLUTIONS

# Arctic Gardens®

## ABOUT US

Arctic Gardens takes inspiration from the **bounty of our earth** and the vitality of our winters to bring you products of **incomparable freshness**. Thanks to our proven methods of preservation and freezing, our vegetables retain their **taste** and **nutritional value** throughout the year.

It's a delicious opportunity for you to savor **quality vegetables**, and for us to pay tribute to the land and to the growers who cultivate it.



### PROUDLY NORTH AMERICAN

- 5 agricultural zones
- 13 processing plants near our fields
- 100+ grower partners



### QUALITY

- Grade A
- Non-GMO seeds
- Traceability from field to plate



### A TRUSTED PARTNER

- Strong ESG program
- Experts in North American production
- Nortera complies with GFSI requirements (BRC, FSSC 22000, SQF, etc.)

A close-up photograph of a person's hand holding a bunch of fresh, orange carrots with green leafy tops. The person is wearing blue denim jeans. The background is a blurred green field, suggesting a garden or farm setting. The lighting is bright and natural, highlighting the texture of the carrots and the vibrant green of the leaves.

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## CORE VEGETABLES

Explore our wide selection of core vegetables, carefully washed, cut and prepared to ensure the highest quality for every dish. Perfect for creating flavorful sides or incorporating into your recipes.

# CORE VEGETABLES



**Baby Lima Beans**

10055686**510128**  
12 x 2 lb  
10055686**510098**  
1 x 20 lb



**Tiny Lima Beans**

10055686**100930**  
1 x 20 lb



**Cut Green Beans**

10055686**010918**  
12 x 2 lb  
10055686**010925**  
1 x 20 lb



**Cut Italian Beans**

10055686**145825**  
12 x 2 lb



**Cut Wax Beans**

10055686**010109**  
12 x 2 lb



**French Style Green Beans**

10055686**010901**  
12 x 2 lb



**Whole Green Beans**

10055686**010932**  
12 x 2 lb  
10055686**011427**  
1 x 20 lb



**Cut Broccoli**

10055686**490017**  
12 x 2 lb  
10055686**492738**  
1 x 20 lb



**Broccoli Florets**

10055686**493186**  
12 x 2 lb

# CORE VEGETABLES



**Cauliflower Florets**

10055686492639  
12 x 2 lb



**Crinkle Sliced Carrots**

10055686930650  
12 x 2 lb  
10055686930759  
1 x 20 lb



**Diced Carrots**

10055686930889  
12 x 2 lb  
10055686930636  
1 x 20 lb



**Sliced Carrots**

10055686930735  
12 x 2 lb  
10055686930698  
1 x 20 lb



**Whole Baby Carrots**

10055686930704  
12 x 2 lb



**Corn On The Cob**

10055686701304  
96 ct



**Cut Corn**

10055686700758  
12 x 2 lb  
10055686700857  
1 x 20 lb



**Peaches and Cream Corn**

10055686107434  
4 x 4.4 lb



**Shoepeg Corn**

10055686700895  
1 x 20 lb

# CORE VEGETABLES



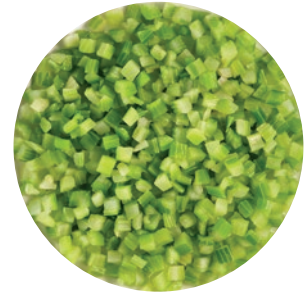
Supersweet White Whole Kernel Corn

10055686701564  
1 x 20 lb



Supersweet Whole Kernel Corn

10055686700888  
1 x 20 lb



Diced Celery

10055686490277  
1 x 20 lb



Diced Onions

10055686491533  
1 x 20 lb



Pearl Onion

10055686494008  
12 x 2 lb



Cut Okra

10055686840201  
12 x 2 lb



Garden Peas

10055686470521  
12 x 2 lb  
10055686470392  
1 x 20 lb



Petite Peas

10055686107458  
4 x 4.4 lb



Sugar Snap Peas

10055686770058  
12 x 2 lb

# CORE VEGETABLES



**Diced Green Peppers**

10055686720046  
6 x 2 lb  
10055686720053  
1 x 20 lb



**Diced Rutabaga**

10055686500686  
1 x 20 lb



**Chopped Spinach**

10055686060296  
12 x 2 lb  
10055686060241  
1 x 20 lb



**Brussels Sprouts**

10055686508002  
6 x 2 kg



Discover our recipe

# SAVOURY WAFFLES





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## VEGETABLE BLENDS

Give your guests a burst of flavor and nutrients with our vegetable mixes! Ready to cook, made with high-quality vegetables that are carefully washed, prepared, chopped, and blanched for you, they can be served as a side dish or used in recipes.

# VEGETABLE BLENDS



**Bistro**

10055686907300  
4 x 4.4 lb

Whole green beans, whole wax beans, bias cut orange carrots, bias cut yellow carrots



**California**

10055686501447  
12 x 2 lb

10055686500822  
1 x 20 lb  
Sliced carrots, broccoli florets, cauliflower florets



**Capri**

10055686501423  
12 x 2 lb

Crinkle sliced carrots, cut green beans, quartered crinkle cut green zucchini, quartered crinkle cut yellow zucchini



**Italian**

10055686501546  
12 x 2 lb

10055686500846  
1 x 20 lb

Crinkle sliced carrots, cauliflower florets, quartered zucchini, romano beans, baby lima beans



**Mixed Vegetables (4)**

10055686890190  
1 x 20 lb

Crinkle sliced carrots or diced carrots, cut green beans, peas, supersweet corn



**Mixed Vegetables (5)**

10055686890213  
12 x 2 lb

10055686890268  
1 x 20 lb

Carrots, peas, green beans, whole kernel corn, lima beans



**Oriental**

10055686501461  
12 x 2 lb

Cut green beans, medium broccoli florets, onion strips, sliced mushrooms



**Diced Peas and Carrots**

10055686880122  
12 x 2 lb

10055686880061  
1 x 20 lb

Peas, diced carrots



**Prince Edward**

10055686501560  
12 x 2 lb

Whole green beans, whole wax beans, whole baby carrots



**Scandinavian**

10055686501522  
12 x 2 lb

Peas, carrots, green beans, zucchini, onions



**Stir Fry**

10055686500174  
12 x 2 lb

Broccoli florets, julienne carrots, whole green beans, sugar snap peas, onion strips, sliced celery, water chestnuts, red pepper strips



# Arctic Gardens®

## GOURMET

Get ready to be impressed by our Gourmet range, featuring unique vegetable combinations and on-trend. This range will elevate your dishes while saving you time on preparation!

# GOURMET



**7-Bean Salad**

10055686107465  
4 x 4.4 lb

White great northern beans, black turtle beans, chick peas, navy beans, red kidney beans, pinto beans, black eyed peas



**Quartered Artichoke Hearts**

10433870002633  
6 x 2 lb



**Extra Fine Green Beans**

10055686220003  
10 x 2.2 lb



**Fine Whole Green Beans**

10055686107427  
4 x 4.4 lb



**California Supreme**

10055686107472  
4 x 4.4 lb

Broccoli florets, cauliflower florets, whole baby carrots



**Shelled Edamame**

10055686107410  
4 x 4.4 lb



**Fall Medley**

10055686907317  
4 x 4.4 lb

Bias cut carrots, chunky rutabaga, chunky squash, chunky sweet potatoes, chunky red onions



**Fusion**

10055686907324  
4 x 4.4 lb

Supersweet corn, black beans, edamame beans



**Roasting Vegetables  
Asparagus & Red Potatoes**

10055686110106  
4 x 4.4 lb

Diced roasted red potatoes, bias cut carrots, asparagus cuts and tips, diced red onions, canola oil, light seasoning



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## CULINARY SOLUTIONS

Save time in the kitchen! Practical and versatile, our culinary solutions are ready-to-cook vegetable preparations that will be a great help in your daily cooking. Less work, more creativity!

# CULINARY SOLUTIONS



**Fajita**

10055686**501669**  
1 x 20 lb

Red, green and yellow pepper strips,  
onion strips



**Mirepoix**

10055686**109209**  
6 x 4.4 lb

Diced carrots, diced celery, diced onions



**Diced Red and Green Peppers**

10055686**500662**  
1 x 20 lb

Diced red and green peppers



**Red and Green Pepper Strips**

10055686**500679**  
1 x 20 lb

Red and green pepper strips



**Butternut Squash**

10055686**490130**  
1 x 20 lb

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